

## **SIGNS AND SYMPTOMS OF STROKE**

Recognize the warning signs of a stroke:

- Sudden weakness, numbness or tingling
- Sudden trouble speaking or understanding speech
- Sudden vision problems
- Sudden severe headache
- Sudden dizziness or loss of balance

**If you think you, or someone you know, may be having a stroke, CALL 911 immediately.**

**Even if these symptoms appear to go away quickly, seek medical attention IMMEDIATELY.**

The clinic is part of the Northeast Regional Stroke Network, Ontario Stroke System, and is sponsored by the Ministry of Health and Long Term Care.

*The Stroke Prevention Clinic is located at the*

*North Bay General Hospital*

*Scollard Site*

*2<sup>nd</sup> Floor East Side*

*750 Scollard St.  
North Bay, ON P1B 5A4  
Phone (705) 474-8600*

Visit our website at [www.nbgh.on.ca](http://www.nbgh.on.ca)

## **NORTH BAY GENERAL HOSPITAL**

### *OUR VISION*

*The North Bay General Hospital is committed to providing compassionate, quality, patient focused care.*

## **STROKE PREVENTION CLINIC**

## **PATIENT INFORMATION**

Disponible en français

## **What is the Stroke Prevention Clinic, and who can go to the Clinic?**

The Stroke Prevention Clinic is an outpatient clinic for individuals who have had signs and symptoms of a recent stroke or transient ischemic attack (TIA), or who are at risk of having a stroke or TIA.

You need a referral by an emergency room doctor, your family doctor, or another medical specialist.

### **The goals of the clinic are to reduce the occurrence of TIA or Stroke by:**

- Providing **early** assessments and appropriate interventions,
- Providing **rapid** access to diagnostic tests,
- Providing **education** to patients and family members about the risk factors that can cause stroke, and how to manage them to prevent stroke.

### **Checklist for Your Appointment**

- You do not have to fast.
- Take all of your regular medications on the day of your appointment.
- You must bring all of your medications in their original containers.
- If possible, bring a family member or friend. It would be helpful if the person who was with you when the

event happened could come to your appointment.

- Plan to spend 1 ½ hours at the clinic.
- Let us know before your appointment if you need an interpreter.
- If you have been given a TIA booklet in the Emergency Department bring it with you.

### **How do I find out when my appointment is booked?**

Once we receive your referral we will call you to book an appointment. If you do not receive a call within two business days, please call our booking clerk at (705) 474-8600 x 2357.

If you need more information please call (705) 474-8600 x 2357.

### **What can I expect at the Stroke Prevention Clinic?**

At the Clinic you will:

- Meet with a Doctor, who specializes in stroke prevention and care.
- Meet with a Nurse to discuss your risk factors.
- Be referred to other health care professionals if necessary.
- Have additional tests ordered if needed.

**Your care is based on your specific needs.**

If you have questions or need to change an appointment, please call our booking clerk at (705) 474-8600 x 2357

### **What happens after my first appointment?**

#### **The clinic will:**

- Send a report of your visit to your family doctor.
- Book any tests you required and give you a follow-up appointment if needed.

#### **You will need to:**

- Call your family doctor and make an appointment for two (2) weeks after your appointment at the Stroke Prevention Clinic.

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The Stroke Prevention Clinic is an outpatient clinic and does not replace an emergency department.

For urgent medical concerns, please go to the Emergency Department.

If you have any medical concerns that you consider non-urgent, please contact:

**TELEHEALTH**  
**1-866-797-0000**

24 Hours a day, 7 days a Week